



Care in a Time of Crisis

“I wouldn’t be alive without HSC”

At least once in their lifetimes, most Manitobans will rely on HSC Winnipeg. John Buchanan Bond Jr. has counted on the support and expertise of HSC many times since moving from Indiana to Winnipeg in 1974.

“HSC is a solid foundation for this province—they truly elevate the level of health care for Manitobans,” says Bond, a retired professor in the Department of Family Social Sciences at the University of Manitoba.

Forty years ago, HSC brought Bond’s son into this world; 15 years ago, HSC began supporting Bond when he was diagnosed with kidney disease; and 11 years ago, HSC was there when his wife Sharon was diagnosed with leukemia and passed away only 10 days after receiving the devastating diagnosis.

“As a couple who relied on HSC, we felt as supported as possible—and I still do. The staff at HSC are always very informative, supportive, and encouraging. As an academic, I have many questions and HSC gives me everything I need and more,” says Bond.

Fast forward to today as COVID-19 poses a threat worldwide, especially to those working on the frontlines of health care. As someone who spends over 12 hours a week with nurses at HSC’s Sherbrook Centre Dialysis Unit, Bond can attest to the risks this pandemic has posed to frontline health care workers.

“I see how dangerous the job is for them to have patients like me coming in and out. They don’t know where we’ve been, or who we have been in contact with. They put themselves at risk daily,” says Bond.

Bond has been a donor to the HSC Foundation since his wife died. He has seen first-hand the importance of supporting the Foundation.

“Upon speaking to a nurse about the threat I feel we dialysis patients pose, she said ‘this is what we signed up for—it’s our job,’” recalls Bond. “As a witness to the staff’s dedication and humanity while we are on dialysis, I can see how important it is to give back to those who are there for me.”



John Buchanan Bond Jr. and wife Sharon had five great years of retirement together before her leukemia diagnosis.

While Bond strives to live life to the fullest extent possible by reading, baking, keeping in touch with family, and working part time as Riverview Health Centre’s Manager of Research, he notes that “most people don’t realize that those on dialysis are on life support; we are halfway between a real life and being in an ICU. I am so grateful for the care HSC staff gives me. When I am there, I feel so cared for and cared about—I am blessed that they are in my life.”



John Buchanan Bond Jr. is on dialysis over 12 hours a week: “I wouldn’t be alive without HSC.”

The Sweetest Thing

Pastry pastime turns into philanthropic pursuit for teen baker

From seasoned bakers to those who are just getting their spatula wet, Manitobans are spending more time in the kitchen during the COVID-19 pandemic.

Among this group is Amy Kong. However, Kong is not among the many Manitobans who are fumbling through their first loaf of bread, eager to pick up a new indoor hobby during the pandemic. In fact, at age 16, Kong has a recipe repertoire that would impress *The Great British Bake Off*. She was eager to use her baking passion and knowledge to raise money for the Health Sciences Centre Foundation's COVID-19 Crisis Response Fund through her start-up: Cakes Against the Curve.

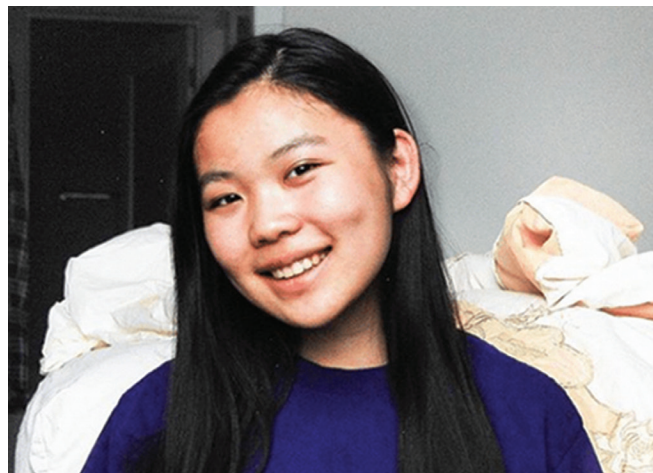
"I saw people selling clothes and things like that for COVID-19 relief and thought 'I'm going to start selling my baking to help HSC,'" says Kong.



Left to right: a younger Amy Kong, her sister, and mom with the first layer cake Kong ever made: "My sister got me into baking by sitting in front of *The Food Network* when I was a baby. For my whole life, we've shared a love for food that few people understand."

And help HSC she did! Since Kong launched Cakes Against the Curve in early May, she has donated \$700 to the COVID-19 Crisis Response Fund.

Cakes Against the Curve's mandate is this: "We are committed to flattening the curve, washing our hands, and fluffy cupcakes." Fluffy cupcakes are just the start. Kong whips up lemon blueberry pavlova, raspberry macarons, scones, baklava, and a beautiful spice cake with salted caramel buttercream with the expertise of someone twice her age. "I've been baking since I was eight. The first thing I ever baked was raspberry muffins for my grandma—they were a hit," says Kong.



Amy Kong is donating proceeds from her baking to the HSC Foundation's COVID-19 Crisis Response Fund.

Despite having spent the majority of her spare time co-editing her high school's newspaper, running in track and field, and completing homework for her school's International Baccalaureate program, Kong felt she needed to find the time to give back, especially considering her family's ties to HSC.

"My sister was almost nine months' pregnant and still working as a psychiatrist at HSC during the pandemic," says Kong. "My brother-in-law is a pharmacist at HSC and continues to work throughout the pandemic. I am inspired by the selflessness of frontline health care staff and am eager to support them."



Amy Kong's baking for Cakes Against the Curve, left to right: black forest cake; lemon blueberry pavlova.

Thanks to Amy Kong, supporting health care in Manitoba is sugar, spice, and everything nice. Simply visit her Instagram (@CakesAgainstTheCurve) and send Kong a message to place your order. Not sure what to order? We certainly recommend the matcha cupcakes with white chocolate buttercream!

Innovation HSC Campaign Exceeds Target



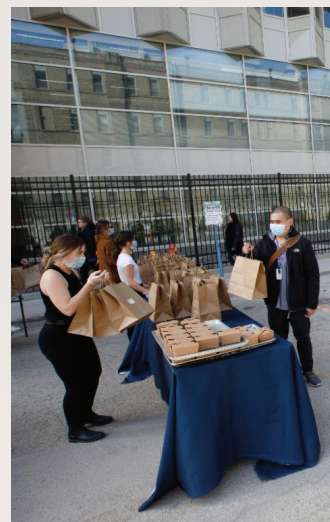
Thanks to our donors, the Health Sciences Centre Foundation exceeded the Innovation HSC 2019/20 \$2 million campaign goal. Donors contributed over \$2.5 million that will benefit Manitobans in new and transformational ways!

Watch for our next Innovation HSC campaign starting in September. Your support keeps HSC at the forefront of care and medical research.

Rallying in Response to Crisis

Since the HSC Foundation launched the COVID-19 Crisis Response Fund in late March, we are pleased to say that we have so far raised \$659,428 for this Fund from hundreds of Manitobans, including 339 new donors to the Foundation. Our heartfelt gratitude to all donors to this Fund. Thanks to our donors, we were able to:

- provide 115 phones to patients at HSC;
- cover the costs of the 3D technology required to develop molds at HSC to produce protective masks locally;
- help patients stay in touch with loved ones by acquiring iPads for the ICU and paying for communications service at over 400 other beds; and
- partner with Earls Restaurants and McNaught Cadillac Buick GMC to serve 11,200 meals to HSC staff through our Feeding the Frontlines program.



HSC frontline staff are grateful for the Feeding the Frontlines initiative.

While COVID-19 still resonates, we are pausing to recognize the donors who have made the above—and more—possible! Thank you!

HSC Foundation Board Chair Chosen to Receive Order of Manitoba

Tina Jones to be awarded with province's highest honour

WINNIPEG, July 15, 2020 – Tina Jones, Chair of the Board of Directors of the Health Sciences Centre Foundation, was one of 12 Manitobans named to the Order of Manitoba earlier today by the Honourable Janice C. Filmon, C.M., O.M., Lieutenant Governor of Manitoba. The Order of Manitoba is the province's highest honour and recognizes excellence and achievement that benefits the well-being of Manitobans.

“It was our privilege as a Foundation to nominate Tina,” said Jonathon Lyon, President and Chief Executive Officer of the HSC Foundation. “As a Foundation team under Tina’s Board leadership, we have accomplished many great things over the past several years, and have truly elevated our role on the health care landscape in Manitoba.”

Under Jones’s Board leadership, the HSC Foundation has raised record levels of funds in support of Manitoba’s hospital, HSC Winnipeg. Through the donor support Jones has inspired, HSC has been able to acquire new technology and develop new clinic spaces which are leading to more timely diagnosis, more effective treatment, and better health outcomes for Manitobans.



“It is a true honour to receive the Order of Manitoba alongside such outstanding Manitobans,” said Jones, who joined the HSC Foundation Board in 2013 and became Chair in 2015. “It is a privilege to serve our province as Chair of the HSC Foundation and I am deeply humbled by this recognition.”

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